



project.org

STUDENT HANDOUT · REFLECTION

GREEN LEVEL
MORE SUPPORT

Move Like Harlem

Grades 5–8 · PE

ADMIT ONE

NAME

DATE

CLASS

What we did: Today you learned the Charleston step and the basics of the Lindy Hop — dances born at the Savoy Ballroom in Harlem in the 1920s. These weren't just dances. They were how people celebrated, connected, and expressed who they were.

REFLECTION

How Did It Feel?

1. Circle the words that describe how the movement felt:

JOYFUL

HARD

ENERGETIC

EMBARRASSING

FUN

SURPRISING

CONNECTED

FREE

2. What part of your body felt the rhythm the most?

3. The Savoy Ballroom was one of the only places in New York where Black and white people danced together. Why do you think dancing together mattered?

4. Your group was given a concept word to express in movement. What word did you get, and how did your group show it?

MINI MUSEUM CONNECTION

The Jazz Lab lets you hear the same music you danced to today. Try listening again with your eyes closed — does it feel different now that you’ve moved to it?

minimuseumproject.org/exhibitions/harlem-renaissance

SHARE WITH YOUR FAMILY

Teach someone at home the Charleston step. Tell them where it came from.